

Child Development and Parenting Semester A

Course Overview

This one-semester course is intended to help you familiarize yourself with various aspects of child development and parenting. This course covers the fundamental concepts of parenting and the roles and responsibilities of parents. It also covers essential communication skills related to parent-child interaction. In addition, the course covers important workplace qualities and skills, such as positive work ethics, integrity, and time and resource management. It also covers technology and recent trends in parenting.

Course Goals

By the end of this course, you will be able to do the following:

- Define parenting, describe parenting goals, and analyze the myths and realities of parenting.
- Describe the roles and responsibilities of a parent and compare different parenting styles.
- Describe positive parenting skills, list guidelines for effectively disciplining and guiding a child, and describe the impact of parenting styles on a child.
- Describe the importance of good parent-child communication and describe ways to improve it.
- Explain how reading, writing, speaking, and listening skills are important for effective communication.
- Describe ethics and good work habits.
- Describe how to set goals and manage time and resources effectively.
- Identify current parenting trends and describe various types of technology that parents can use.
- Describe the parenting styles of different cultures and explain strategies for better relationships that parents and children can use in multicultural families and societies.

General Skills

To participate in this course, you should be able to do the following:

- Complete basic operations with word-processing software, such as Microsoft Word or Google Docs.
- Perform online research using various search engines and library databases.
- Communicate through email and discussion boards.

For a complete list of the general skills required for participation in online courses, refer to the Prerequisites section of the Plato Student Orientation document, found at the beginning of this course.

Credit Value

Child Development and Parenting is a 0.5-credit course.

Course Materials

- notebook
- computer with an Internet connection and speakers or headphones
- Microsoft Word or equivalent
- Microsoft Excel or equivalent
- Microsoft PowerPoint or equivalent

Course Pacing Guide

This course description and pacing guide is intended to help you stay on schedule with your work. Note that your course instructor may modify the schedule to meet the specific needs of your class.

As part of this course, every student has to join a vocational youth organization related to family and childcare, and be an active participant in all events and projects of the organization. As a member of a student organization, you should do the following:

- Participate in all the activities of the vocational youth organization you choose to join
- Keep a record of your participation in meetings, programs, and projects
- Take notes about the purposes and functions of the organization
- Identify the benefits and responsibilities of membership in the youth organization
- Evaluate your personal growth through participation in the youth organization

At the end of this course (as part of Unit Activity 3), you will create and submit a slide presentation describing the points above.

Unit 1: Parenting Basics

Summary

In this unit, you will describe parenting goals and analyze the myths and realities of parenting. You will also describe the roles and responsibilities of a parent and compare different parenting styles. Additionally, you will describe positive parenting skills, list guidelines for effectively disciplining and guiding a child, and describe the impact of parenting styles on a child. Finally, you will describe ethics and good work habits.

Day	Activity/Objective	Type
1 day: 1	Syllabus and Student Orientation <i>Review the Student Orientation and Course Syllabus at the beginning of this course.</i>	Course Orientation
6 days: 2–7	Basics of Parenting <i>Define parenting, describe parenting goals, and analyze the myths and realities of parenthood.</i>	Lesson

Day	Activity/Objective	Type
6 days: 8–13	Roles and Responsibilities of Parents <i>Describe the roles and responsibilities of a parent and compare different parenting styles.</i>	Lesson
6 days: 14–19	Positive Parenting Skills <i>Describe positive parenting skills, list guidelines for effectively disciplining and guiding a child, and describe the impact of parenting styles on a child.</i>	Lesson
5 days: 20–24	Positive Work Ethics <i>Describe ethics and good work habits.</i>	Lesson
1 day: 25	Space Jumble	Game
4 days: 26–29	Unit Activity/Threaded Discussion—Unit 1	Unit Activity
1 day: 30	Post-test—Unit 1	Assessment

Unit 2: Communication and Child Care

Summary

In this unit, you will explain how communication between a parent and child is important. You will also describe the role of the family in effective child care. In addition, you will describe the importance of communication skills such as reading, writing, listening, and speaking.

Day	Activity/Objective	Type
6 days: 31–36	Parent-Child Communication <i>Describe the importance of good parent-child communication and describe ways to improve it.</i>	Lesson
6 days: 37–42	Family and Child Care <i>Describe the role of the family in effective child care.</i>	Lesson
5 days: 43–47	Reading and Writing <i>Demonstrate effective reading and writing skills.</i>	Lesson
5 days: 48–52	Speaking and Listening <i>Describe effective speaking and listening skills.</i>	Lesson
1 day: 53	Para Jumble	Game

Day	Activity/Objective	Type
4 days: 54–57	Unit Activity/Threaded Discussion—Unit 2	Unit Activity
1 day: 58	Post-test—Unit 2	Assessment

Unit 3: Managing Time, Resources, and Technology

Summary

In this unit, you will describe how to set goals and manage time and resources effectively. You will also identify various aspects of personal integrity and describe laws and organizational policies that ensure integrity and safety at the workplace. Additionally, you will identify current parenting trends and describe various types of technology that parents can use. Finally, you will describe the parenting styles of different cultures and explain strategies for better relationships that parents and children can use in multicultural families and societies.

Day	Activity/Objective	Type
6 days: 59–64	Time, Task, and Resource Management <i>Describe how to set goals and manage time and resources effectively.</i>	Lesson
6 days: 65–70	Integrity <i>Identify various aspects of personal integrity and describe laws and organizational policies that ensure integrity and safety at the workplace.</i>	Lesson
6 days: 71–76	Technology and Recent Trends in Parenting <i>Identify current parenting trends and describe various types of technology that parents can use.</i>	Lesson
6 days: 77–82	Diversity in Family and Society <i>Describe the parenting styles of different cultures and explain strategies for better relationships that parents and children can use in multicultural families and societies.</i>	Lesson
1 day: 83	Thwack-A-Mole	Game
4 days: 84–87	Unit Activity/Threaded Discussion—Unit 3	Unit Activity
1 day: 88	Post-test—Unit 3	Assessment

Day	Activity/Objective	Type
1 day: 89	Semester Review	
1 day: 90	End-of-Semester Test	Assessment