

Child Development and Parenting Semester B

Course Overview

This one-semester course is intended to help you familiarize yourself with the various stages of child development as well as the factors that obstruct the healthy development of a child. This course has thirteen lessons organized into three units. This course explains the development, health, nutrition, and safety of children at various stages. In addition, the course covers career opportunities in the field of child care and development.

Course Goals

By the end of this course, you will be able to do the following:

- Describe the different aspects of human growth and child development and identify issues related to pregnancy and family planning.
- Describe the stages of pregnancy and labor and explain the various aspects of prenatal and postnatal development and care.
- Describe the growth and development stages and various needs of infants, toddlers, pre-school children, and school-age children.
- Describe various issues such as the health and safety issues of children and families, the problem of child abuse, and various issues and concerns that contemporary parents face.
- Describe the legal and community resources to protect the rights of children and support children and families.
- Identify career opportunities in child care and describe skills such as critical-thinking, problem-solving, and job acquisition and advancement skills.

General Skills

To participate in this course, you should be able to do the following:

- Complete basic operations with word-processing software, such as Microsoft Word or Google Docs.
- Perform online research using various search engines and library databases.
- Communicate through email and discussion boards.

For a complete list of the general skills required for participation in online courses, refer to the Prerequisites section of the Plato Student Orientation document, found at the beginning of this course.

Credit Value

Child Development and Parenting is a 0.5-credit course.

Course Materials

- notebook
- computer with an Internet connection and speakers or headphones
- Microsoft Word or equivalent
- Microsoft Excel or equivalent
- Microsoft PowerPoint or equivalent

Course Pacing Guide

This course description and pacing guide is intended to help you stay on schedule with your work. Note that your course instructor may modify the schedule to meet the specific needs of your class.

As part of this course, every student has to join a vocational youth organization related to family and childcare, and be an active participant in all events and projects of the organization. As a member of a student organization, you should do the following:

- Participate in all the activities of the vocational youth organization you choose to join
- Keep a record of your participation in meetings, programs, and projects
- Take notes about the purposes and functions of the organization
- Identify the benefits and responsibilities of membership in the youth organization
- Evaluate your personal growth through participation in the youth organization

At the end of this course (as part of Unit Activity 3), you will create and submit a slide presentation describing the points above.

Unit 1: Caring for Children of Different Ages

Summary

In this unit, you will describe the different aspects of human growth and child development and identify issues related to pregnancy and family planning. You will describe the stages of pregnancy and labor and explain the various aspects of prenatal and postnatal development and care. You will also describe the growth and development stages and various needs of infants and toddlers, pre-school children, and school-age children.

Day	Activity/Objective	Type
1 day: 1	Syllabus and Student Orientation <i>Review the Student Orientation and Course Syllabus at the beginning of this course.</i>	Course Orientation
5 days: 2–6	Pregnancy and Family Planning <i>Describe the different aspects of human growth and child development and identify issues related to pregnancy and family planning.</i>	Lesson

Day	Activity/Objective	Type
6 days: 7–12	Pregnancy, Childbirth, and Postnatal Care <i>Describe the stages of pregnancy and labor and explain the various aspects of prenatal and postnatal development and care.</i>	Lesson
5 days: 13–17	Caring for Infants and Toddlers <i>Describe the growth and development stages and various needs of infants and toddlers.</i>	Lesson
5 days: 18–22	Looking after Pre-school Children <i>Describe the growth and development stages and various needs of pre-school children.</i>	Lesson
5 days: 23–27	School-age Children <i>Describe the growth and development stages and various needs of school-age children.</i>	Lesson
1 day: 28	Space Jumble	Game
5 days: 29–33	Unit Activity/Threaded Discussion—Unit 1	Unit Activity
1 day: 34	Post-test—Unit 1	Assessment

Unit 2: Health, Safety, and Protection

Summary

In this unit, you will describe various health and safety issues of children and families. You will also describe the problem of child abuse and other related issues. Additionally, you will describe various issues and concerns that contemporary parents face. Finally, you will describe legal and community resources that protect the rights of children and support children and families.

Day	Activity/Objective	Type
5 days: 35–39	Health and Safety of Children and Families <i>Describe health and safety issues of children and families.</i>	Lesson
5 days: 40–44	Protecting Your Child <i>Describe the problem of child abuse and other related issues.</i>	Lesson
5 days: 45–49	Parenting Issues and Concerns <i>Describe various issues and concerns that contemporary parents face.</i>	Lesson

Day	Activity/Objective	Type
5 days: 50–54	Legal and Community Resources <i>Describe legal and community resources that protect the rights of children and support children and families.</i>	Lesson
1 day: 55	Para Jumble	Game
5 days: 56–60	Unit Activity/Threaded Discussion—Unit 2	Unit Activity
1 day: 61	Post-test—Unit 2	Assessment

Unit 3: Being Job Ready

Summary

In this unit, you will list steps for problem solving and explain methods to improve creativity and resourcefulness. You will also demonstrate critical-thinking and problem-solving skills. Additionally, you will describe government regulations related to child care facilities and identify career opportunities in child care. Finally, you will describe job acquisition and advancement skills.

Day	Activity/Objective	Type
5 days: 62–66	Creative Resourcefulness <i>List steps for problem solving and explain methods to improve creativity and resourcefulness.</i>	Lesson
5 days: 67–71	Critical Thinking and Problem Solving <i>Demonstrate critical-thinking and problem-solving skills.</i>	Lesson
5 days: 72–76	Careers in Childcare <i>Describe government regulations related to child care facilities and identify career opportunities in child care.</i>	Lesson
5 days: 77–81	Job Acquisition and Advancement <i>Describe job acquisition and advancement skills.</i>	Lesson
1 day: 82	Thwack-A-Mole	Game
5 days: 83–87	Unit Activity/Threaded Discussion—Unit 3	Unit Activity

Day	Activity/Objective	Type
1 day: 88	Post-test—Unit 3	Assessment
1 day: 89	Semester Review	
1 day: 90	End-of-Semester Test	Assessment